

Curriculum Vitae

**SARAH M.B. WITRY, LMSW**

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Business Address: 301 North Hall, University of Iowa  
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**Higher Education**

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2009 Master of Social Work, University of Iowa  
2006 Bachelor of Science in Psychology, with Honors and Distinction,  
University of Iowa

**Licensure**

2009 LMSW, Iowa

**Professional History**

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2021- **Clinical Assistant Professor, Field Education Director**, University of Iowa School of Social Work

- Oversees the BSW and MSW field education programs including field administration, coordination, and instruction
- Teaches, advises, and mentors students

2020-2021 **Interim Field Education Director**, University of Iowa School of Social Work

- Oversees the BSW and MSW field education programs including field administration, coordination, and instruction
- Teaches courses and mentors students

2019-2020 **Director of Services**, CommUnity (formerly The Crisis Center of Johnson County)

- Oversaw the Crisis Intervention and Food Bank departments, with over 30 paid staff, over 250 volunteers, and with combined budgets of over \$1.2M,
- Led new initiatives during the COVID-19 pandemic, including a collaborative County-wide food delivery program and a local eviction prevention program
- Wrote successful grant applications, including winning the competitive application process to start a \$70K annual Security Deposit Assistance Program through the City of Iowa City

## **Professional History (continued)**

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- 2008-2019      **Food Bank & Emergency Assistance Director**, The Crisis Center of Johnson County
- Hired and managed full-time and part-time paid staff, unpaid interns and volunteers
  - Implemented a strategic overhaul of the Food Bank distribution system, resulting in a more client-centered approach, increased efficiency, and decreased food waste
  - Provided leadership to the Johnson County Hunger Task Force’s Access Committee, the work of which led to the creation of the Johnson County Hunger Relief Grant
  - Wrote successful grant applications, including the FY16-FY19 Joint Funding applications (awarding approximately \$240K each year) and the Johnson County Hunger Relief Grant application (awarding \$42K annually starting in FY17 with an increase in FY20 and FY21)
  - Implemented new Mobile Pantry program funded by the Johnson County Hunger Relief Grant
  - Represented the agency at community meetings, panels, events, and in the media and created educational materials about CommUnity and the needs of people in poverty
  - Evaluated programs, developed outcome measures and client surveys, researched best practices, and implemented improvements when indicated
  - Developed policies, procedures, and volunteer training materials to guide service provision
  - Managed the Food Bank budget, assessed fiscal needs, and made projections for the future
- 2007—2008      **Human Services Intern**, Johnson County Council of Governments (JCCOG)
- Updated the JCCOG Services Directory by contacting over 150 local, state, and national resources
  - Collected statistics from local social service agencies about the Limited English Proficient (LEP) population in Iowa City and collaborated in creating the City of Iowa City LEP Plan
- 2008—2008      **Flood Caseworker**, Project Recovery Iowa
- Provided crisis counseling to survivors of the 2008 flood in Johnson County, Iowa
  - Served on a joint committee coordinating long-term flood recovery in the community and collaborated with agencies in Johnson and Cedar counties to assist flood survivors

## Teaching

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### Field Instruction

2019	Lana Godlewski, MSW Foundation Practicum
2019	Gabrielle Perruzzi, MSW Foundation Practicum
2018-2019	Kaydee Vraspier, MSW Advanced Practicum
2018	Hannah Martin, BSW Field Experience
2018	Lance Lashley, MSW Foundation Practicum
2018	Catherine Croft, MSW Foundation Practicum
2017	Jennifer De La Cruz, BSW Field Experience
2015	Jenny Schwickerath, BSW Field Experience
2014	Rachel Ford, MSW Foundation Practicum
2014	Nateasa McGuire, MSW Foundation Practicum
2013	Jill Connors, MSW Foundation Practicum
2012–2013	Thayssa Souza, MSW Advanced Practicum
2012	Malory Dreasler, MSW Foundation Practicum
2011	Traci Burton, MSW Foundation Practicum

### Guest Lecturer, University of Iowa

10/2015 – 11/2020	PHAR:8134 Foundations in Health Services Topic: Empathy and Active Listening
11/2019	GEOG:3070 Hungry Planet: Global Geographies of Food Topic: Domestic Food Insecurity
11/2017, 11/2018	HIST:1219 Big Ideas: Equality, Opportunity and Policy Topic: Anti-Poverty Policy (Panelist)
10/2016, 3/2018	MED:8021 Community Health Outreach Topic: Food Insecurity

### Guest Lecturer, Kirkwood Community College

2/2017	PSY:121 Developmental Psychology Topic: Poverty and Food Insecurity
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### Instructor, Community

1/2008-12/2010	QPR (Question, Persuade, Refer) Gatekeeper Instructor Trained 80 participants from City High staff and University of Iowa employees and students in suicide awareness and prevention using the QPR Gatekeeper curriculum as a licensed QPR Gatekeeper Instructor
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## Research

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### University of Iowa Department of Psychology

Iowa City, IA

2/2005—2/2007

Research Assistant

Supervisor: Grazyna Kochanska, PhD

Research foci: Social development, parent-child interaction

5/2004-5/2005

Research Assistant

Supervisor: Roman Kotov, PhD

Research foci: Mood and anxiety disorders, personality

### Poster

Kotov, R., Gamez, W., **Benson, S.**, Wolen, A., Luchman, J. & Boldebeck, L. (2005). Personality and Symptoms of Anxiety and Depression: A Prospective Study. Presented at 39th Annual Conference of the Association for Behavioral and Cognitive Therapies, Washington D.C.

## Presentations

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### Conference Presentation

10/2018

Iowa Hunger Summit, *Community Engagement and Collaboration: The Crisis Center Mobile Food Pantry*, World Food Prize Foundation, Des Moines, IA Presenters: **Witry, S.**, De La Cruz, J., Jacoby, L., Meister, E.

### Panelist

9/2016

Hunger at Iowa, *College Student Food Insecurity*, Food Pantry at Iowa, Iowa City, IA

9/2016

Forum on Food Insecurity/Hunger, *Local Food Insecurity and Senior Hunger*, Johnson County Task Force on Aging, Iowa City, IA

12/2015

*From Class to Kitchen: A Discussion of College Student Food Insecurity*, University of Iowa Center for Human Rights, Iowa City, IA

11/2015

Iowa Corridor Hunger Forum, *Food Insecurity in Iowa*, Iowa Food Bank Association, Cedar Rapids, IA

11/2013

“Inequality for All” Film Screening, Income Inequality, Iowa Public Policy Center, Iowa City, IA

9/2013

“A Place at the Table” Film Screening, *Food insecurity*, Iowa Food Systems Council, Iowa City, IA

## Grants

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7/2020-6/2021	<i>COVID-19 Second Food Distribution Site</i> City of Iowa City CDBG-CV, \$50,000 Role: Grant writer and program administrator
3/2020-6/2020	<i>Iowa City Security Deposit Program</i> City of Iowa City, \$70,000 Role: Grant writer and program administrator
7/2016-6/2020	<i>Mobile and Secondary School Pantry Initiative</i> Johnson County Hunger Relief Grant, \$218,400 Role: Grant writer and program administrator
7/2015-6/2017	<i>General agency support, Joint Funding Application</i> United Way of Johnson and Washington Counties, City of Iowa City, City of Coralville, and Johnson County, \$480,000 Role: Grant writer

## Community Service

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2007-2020	Johnson County Local Homeless Coordinating Board, Member
2016-2019	The Village Project, Coralville, Iowa, Member
2014-2016	Johnson County Hunger Task Force, Member
2009-2016	Hunger Project, Chair
2012-2013	Table to Table Board of Directors, Governance Committee, Chair
2010-2012	Table to Table Board of Directors, Member
2011-2012	Solon Community Pantry Advisory Board, Member
2007-2008	The Crisis Center of Johnson County Board of Directors, Member and UISG Student Liaison
2003—2008	The Crisis Center of Johnson County, Crisis Intervention Specialist and On-Call Supervisor (volunteer)

## **Notable Professional Development**

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2020	Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals (AMSR-SUD)
2018	Iowa Mandatory Reporter Training
2017	NCBI Leadership for Equity and Inclusion
2014	Applied Suicide Intervention Skills Training (ASIST)
2014	Mental Health First Aid