

Harmony Linden
School of Social Work
University of Iowa

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EDUCATION AND PROFESSIONAL HISTORY

Post Graduate Education

2016 – 2017 **Post Graduate**, Family Systems Theory, Kansas City Center for Family Systems, Kansas City, MO
2013 **Post Graduate Training**, EMDR, Roy Kiessling EMDR Consulting, Des Moines, IA

Higher Education

2012 **MSW**, Family-Centered Practice, University of Iowa, Des Moines, IA
2004 **BA**, Education and Spanish, Magna Cum Laude, William Jewell College, Liberty, MO

Professional and Academic Positions

2019 - Present **Lecturer**, University of Iowa School of Social Work, Des Moines, IA
2019 - Present **Clinical Therapist**, New Beginnings Counseling Service, Urbandale, IA
2015 - 2019 **Clinical Therapist**, Catholic Charities, Des Moines, IA
2018 - 2019 **Adjunct Instructor**, University of Iowa School of Social Work, Des Moines, IA
2012 - 2015 **Clinical Therapist**, Orchard Place, Des Moines, IA
2010 - 2012 **Milieu Treatment Counselor**, Orchard Place, Des Moines, IA
2008 - 2009 **Spanish Teacher**, Urbandale High School, Urbandale, IA
2005 - 2008 **Spanish Teacher**, Valley High School, West Des Moines, IA

Licensure

2014 **Licensed Independent Social Worker**

TEACHING

Courses Taught at the University of Iowa

Term	Course#	Title	Ten-Day Enrollment	Final Enrollment
Summer 2021	SSW:6291:0EXV	Foundation Practicum Seminar	14	13
Summer 2021	SSW:6236:0EXW	Interventions with Individuals	18	17
Spring 2021	SSW:7294:0EXB	Adv Prac Sem Family-Centered Practice II	14	14
Spring 2021	SSW:4189:0EXA	Field Experience Seminar	15	15
Spring 2021	SSW:6291:0EXA	Foundation Practicum Seminar	10	10
Spring 2021	SSW:6291:0EXB	Foundation Practicum Seminar	11	11
Spring 2021	SSW:3700:0EXW	Intro to Trauma and Resilience	53	53
Spring 2021	SSW:6232:0EXA	Therapy with Couples	15	15
Fall 2020	SSW:7293:0EXB	Adv Prac Sem Family-Centered Practice I	14	14
Fall 2020	SSW:3841:0EXB	Fundamentals of Social Work Practice	17	17
Fall 2020	SSW:6151:0EXA	Social Work Practice Skills Laboratory	15	15
Fall 2020	SSW:6150:0EXB	SW Pract w/Individuals, Families, Groups	20	20
Spring 2020	SSW:7251:0EXB	Family Centered Theory and Practice II	15	15
Spring 2020	SSW:4189:0EXA	Field Experience Seminar	13	13
Spring 2020	SSW:6291:0EXA	Foundation Practicum Seminar	10	10
Spring 2020	SSW:6291:0EXB	Foundation Practicum Seminar	7	7
Fall 2019	SSW:7250:0EXB	Family Centered Theory and Practice I	14	14
Fall 2019	SSW:3841:0EXB	Fundamentals of Social Work Practice	13	13
Fall 2019	SSW:6150:0EXB	SW Pract w/Individuals, Families, Groups	19	19
Fall 2018	SSW:6150:0EXB	Social Work Practice With Individuals, Families, and Groups	18	18

SCHOLARSHIP

Grants and Contracts

Funded

Jan 2021 - Dec 2022 *Strategic Initiatives Award*

Funded by The University of Iowa College of Liberal Arts and Sciences. Award amount: (\$93,605.00) Percent effort: 10. Investigator/s Mercedes Bern-Klug (Principal Investigator), Alison Oliver (Co-Investigator), Julia Kleinschmit (Co-Investigator), Harmony Linden (Co-Investigator).

Completed

Jul 2019 - Jun 2020	<i>Health Programs Grant</i> Funded by The United Way of Central Iowa. Awardee: Catholic Charities Counseling Program. Award amount: (\$73,500.00) Number of Months: 12. Investigator/s Harmony Linden (Principal Investigator)
Jul 2018 - Jun 2019	<i>Health Programs Grant</i> Funded by The United Way of Central Iowa. Awardee: Catholic Charities Counseling Program. Award amount: (\$73,500.00) Number of Months: 12. Investigator/s Harmony Linden (Principal Investigator).
Jul 2017 - Jun 2018	<i>Health Programs Grant</i> Funded by The United Way of Central Iowa. Awardee: Catholic Charities Counseling Program. Award amount: (\$73,500.00) Number of Months: 12. Investigator/s Harmony Linden (Principal Investigator).
Jul 2016 - Jun 2017	<i>Health Programs Grant</i> Funded by The United Way of Central Iowa. Awardee: Catholic Charities Counseling Program. Award amount: (\$75,000.00) Number of Months: 12. Investigator/s Harmony Linden (Principal Investigator).
Jan 2016 - Dec 2016	<i>Greater Des Moines Healthcare Safety Net Grant</i> Funded by Mid-Iowa Health Foundation. Awardee: Catholic Charities Counseling Program. Award amount: (\$20,000.00) Number of Months: 12. Investigator/s Harmony Linden (Principal Investigator).

Invited Lectures and Conference Presentations**State - Conference Presentation**

- 2021 Iowa Mental Health Counselors Association 15th Annual Conference, *Interventions and Tools for Family Therapy*, Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on: May 7, 2021.
- 2017 Bowen Family Systems Conference, *Trauma from a Family Systems Perspective*, Catholic Charities, Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on: April 6, 2017.

Local - Continuing Education Talks

- 2021 Staff In-service Training, *Racial Trauma in Clinical Practice*, Lifeworks, Inc., Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on: May 10, 2021
- 2021 Foster Parent CEU Presentation, *Helping Children with Suicidal Thoughts and Self-Harming Behaviors*, Department of Human Services & Four Oaks Foster & Adoptive Family Connections, Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on April 10, 2021.
- 2021 Staff In-service Training, *Interventions with Families*, Lifeworks, Inc., Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on: January 8, 2021
- 2020 Staff In-service Training, *Family Therapy: Techniques and Interventions*, New Beginnings Counseling Service, Urbandale, Iowa, United States Presenters/Authors: Linden, Harmony. Presented on: August 19, 2020.
- 2015 Staff In-service Training, *Working with LGBTQI Youth*, Orchard Place Residential Treatment Center, Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony
- 2014 Staff In-service Training, *Chaos to Calm: Using Trauma-Informed Interventions in a*

Residential Treatment Center, Orchard Place Residential Treatment Center, Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony, Ackerson, Courtney

Local - Guest Speaker

- 2019 TRIAD Meeting, *Mental Health and Wellness: Preventing and Dealing with Depression*, S.A.L.T. (Seniors and Law Enforcement Together), Des Moines, Iowa
Presenters/Authors: Linden, Harmony Presented on: December 17, 2019.
- 2018 TRIAD meeting, *Dealing with Depression and Seasonal Sadness*, S.A.L.T. (Seniors and Law Enforcement Together), Des Moines, Iowa, United States Presenters/Authors: Linden, Harmony Presented on: December 18, 2018

SERVICE

Profession

- 2016 – Present Trauma-Informed Care Stakeholders Group, Member, Des Moines, Iowa
2018 - 2019 Trauma-Informed Care Stakeholders Group, Collaboration Committee, Chair, Des Moines, Iowa

Department

- 2020 - Present School of Social Work Diversity and Social Justice Committee, Member
2020 - Present Des Moines MSW Admissions Review Committee, Member
2020 Department Search Committee, Member