

Job title	<i>Outpatient Behavioral Health Therapist</i>
Reports to	<i>Program Director</i>
Indirect Report	<i>Director of Therapeutic Services</i>

Job purpose

The *Outpatient Behavioral Health Therapist* provides therapeutic services for patients by utilizing group, individual, and family therapy sessions for older adults in an intensive outpatient environment. They work within a small, interdisciplinary team focusing on quality patient care and the provision of services ordered by a physician. The Licensed Therapist documents all completed services in compliance with provided standards and regulations and is thorough with details and organization.

3Cs

- **Care – Provide the best possible patient care**
- **Compliance – Ensure the program operates within all regulations**
- **Community – Become a wonderful addition to your local community**

Care: All employees are expected to provide the best possible patient care

- Ensure accurate completion of the psychosocial assessment on each patient.
- Ensure accurate completion of group psychotherapy notes for each patient.
- Ensure accurate completion of treatment plans.
- Demonstrate understanding of mental health assessment of older adults.
- Demonstrate an understanding of gerontological counseling treatment, group therapy, theory, and evidence-based practices.
- Provide an understanding of gerontological case management.
- Ensure understanding of mental disorders associated with aging.

Compliance: Ensure the program operates within all regulations

- Participate in outcome studies timelines, understanding the administration of the tests and when they are to be reported.
- Participate in treatment team meetings with the medical director.
- Comply with the 25-point checklist.
- Complete all notes in the prescribed timeline.
- Comply with all regulations.

Community: Become a wonderful addition to your local community

- Demonstrate understanding of community education definitions and activities.
- Participate in customer service training as it relates to community integration.
- Present Senior Life Solutions to the community as directed by Program Director.
- Participate in a cohesive team environment to ensure program success.

Qualifications

- Education: master's degree in social work from an accredited graduate school of social work or master's degree in other counseling-related fields.
- Licensure: License in Social Work or Counseling as recognized by the state. May include LCSW, LPC, LMFT, etc.
- Certification: Must meet any applicable state certification standards.
- Experience: Two to three years of clinical experience with older persons, extensive group work, hospital or nursing home experience preferred.

Working Conditions

Incumbents will be exposed to viruses, diseases, and infections from patients.

Physical Requirements

While performing the duties of this job, the employee is regularly required to talk and hear. This job's specific vision abilities include close vision, distance vision, color vision, peripheral vision, depth perception, and the ability to adjust focus. This position required intermittent physical activity, including standing, walking, bending, kneeling, stooping, crouching, lifting, driving, and supporting patients.

Direct Reports

This position has no direct reports.

Benefits

- Monday through Friday schedule
- No after-hours call
- Competitive salary and benefits
- Diverse roles, including clinical, leadership, and community liaison
- Matching 401K with immediate vesting
- Relocation assistance considered

About PMC/Senior Life Solutions

Founded in 2003, Psychiatric Medical Care manages more than 65 Senior Life Solutions programs across the U.S. Senior Life Solutions is an intensive outpatient behavioral healthcare program designed to meet the needs of adults over the age of 65 who are struggling with symptoms of depression or anxiety often related to aging. Patients are offered services by an

interdisciplinary team of caring, experienced behavioral health professionals, including a psychiatrist, licensed therapist, and registered nurse.

To ensure we retain and invest in great people, PMC provides its employees with excellent benefits, recognition, training, and the opportunities needed for professional growth. Join us in making a difference in the lives of seniors in your community.