APPENDIX C: OTHER SOURCES OF INFORMATION AND SUPPORT

College and University Information and Support

CLAS Student Academic Handbook [https://clas.uiowa.edu/students/handbook](https://clas.uiowa.edu/students/handbook)

The University of Iowa General Catalogue [http://catalog.registrar.uiowa.edu/](http://catalog.registrar.uiowa.edu/)

Student Life at Iowa [https://studentlife.uiowa.edu/](https://studentlife.uiowa.edu/)
249 Iowa Memorial Union, 335-3557 Many services including Tutor Referral

Unsafe Situation on Iowa City Campus [https://hr.uiowa.edu/threat-assessment](https://hr.uiowa.edu/threat-assessment)
UI Police 335-5022; Threat Assessment & Care Team 335-2955
121-51 USB

International Student and Scholar Services, including Study Abroad [https://international.uiowa.edu/isss](https://international.uiowa.edu/isss)
1111 University Capitol Centre, 335-2700

Student Disability Services (SDS) [https://sds.studentlife.uiowa.edu/](https://sds.studentlife.uiowa.edu/)
141 University Capitol Centre, 335-1462
335-1498 (text telephone)

Center for Inclusive Academic Excellence [https://diversity.uiowa.edu/division/CIAE](https://diversity.uiowa.edu/division/CIAE)
2750 University Capitol Centre, 335-3555
The Office of Institutional Equity (OIE)
https://diversity.uiowa.edu/eod
Located at 2750 University Capitol Centre, Suite 3719, 335-3555
In April 2021, the University of Iowa announced it was forming a new Office of Institutional Equity (OIE) under the Division of Diversity, Equity, and Inclusion (DDEI) to streamline the process of reporting bias, harassment, discrimination, equity, free speech, and sexual misconduct concerns.

**Effective July 1, 2021, the Office of Sexual Misconduct Response Coordinator (OSMRC), the Office of Equal Opportunity and Diversity (EOD), and two investigators of the Office of Student Accountability (OSA) related to Title IX complaints merged to become the OIE. Working together, the three units will provide a centralized complain investigative team, a coordinated intake and record-keeping process, and improved response times to investigations.**

Office of the University Ombudsperson
https://ombudsperson.org.uiowa.edu/
Third Floor, Jefferson Building, 335-3608 The Office of the Ombudsperson serves students, faculty and staff and offers informal resolution, mediation and/or negotiation to constituents. Ideally, the Office exists to prevent conflicts from escalating beyond the ability of clients to resolve them informally.

**Student Life Cultural Centers**

Afro-American Cultural Center
https://multicultural.uiowa.edu/centers/african-american/
303 Melrose Ave, 335-8296

Latino-Native American Cultural Center
https://multicultural.uiowa.edu/culturalcenters/lnacc/
308 Melrose Ave, 335-8298

The Asian Pacific American Cultural Center (APACC)
https://multicultural.uiowa.edu/culturalcenters/apacc/
223 Lucon Dr., 335-2719

Lesbian, Gay, Bisexual, Transgender & Queer (LGBTQ+) Community
https://diversity.uiowa.edu/resources/lgbtq-resources
Diversity, Equity, and Inclusion 2750 University Capitol Centre, Suite 3719, 335-3555

Women's Resource and Action Center (WRAC)
https://wrac.uiowa.edu/
Bowman House, 230 N. Clinton St., 335-1486
Academic & Career Development Services
Volunteer & Service Learning Opportunities
https://careers.uiowa.edu/students/volunteer
C310 Pomerantz Center  335-1023

Writing Center
https://writingcenter.uiowa.edu/
110 EPB, 335-0188

Job Search Information
Job postings are sent out via the School’s list serve and on the Social Work Job Listings webpage. The Career Center 100 Pomerantz Center, Suite C310, (http://www.careers.uiowa.edu/) offers a variety of services to support your job search.

Health and Mental Health Services
Student Care and Assistance Program
https://dos.uiowa.edu/assistance/
135 IMU  319-335-1162
Student Care & Assistance provides assistance to University of Iowa students experiencing crisis and emergency situations.

University Health Services
https://studenthealth.uiowa.edu/
4189 Westlawn, 335-8370

Student Wellness Services – Most Services are Free
https://studentwellness.uiowa.edu/
4189 Westlawn South, 335-8394
309 S. Madison Street, 353-2973

Wellness Services offer individually tailored, one-on-one consultations in the areas of:
  ● Alcohol and Other Drug Support
    https://studentwellness.uiowa.edu/appointments/alcohol-drugs/
  ● Fitness  https://studentwellness.uiowa.edu/appointments/fitness/
  ● Nutrition https://studentwellness.uiowa.edu/appointments/nutrition/
  ● Sleep https://studentwellness.uiowa.edu/programs/refresh/
  ● Stress Management https://studentwellness.uiowa.edu/appointments/stress/
  ● Tobacco and E-Cigarette Support
    https://studentwellness.uiowa.edu/appointments/tobacco/
  ● Weight Management Clinic – Most consultations are free. Call 335-8394 (Westlawn) & 353-2973 (Campus Recreation & Wellness Center-fitness only)
Mental Health at Iowa (list of resources)
https://mentalhealth.uiowa.edu/

Mindfulness Workshops and Courses
Mindfulness
https://studentwellness.uiowa.edu/programs/mindfulness  See website for dates, locations and cost. Koru Mindfulness is an evidence-based curriculum specifically designed for teaching mindfulness, meditation, and stress management to college students and other young adults.

UI Collegiate Recovery Program
319 335-3557  For more information, visit https://mentalhealth.uiowa.edu/collegiate-recovery-program or email UI-CRP@uiowa.edu

University Counseling Service
(319) 335-7294; https://counseling.uiowa.edu/  For an emergency, call 911 or 335-7294 8 a.m. to 5 p.m., Monday through Friday. It may take up to two weeks to meet with a counselor.
Westside Location: 3223 Westlawn S., Iowa City, IA 52242
Eastside Location: University Capitol Centre, Suite 1950

Iowa Crisis Chat (formerly the Crisis Center of Johnson County)
Crisis call: 1-855-325-4296
Iowa Crisis Chat: https://www.iowacrisischat.org/

Lifeline
Crisis call: 1-800-273-8255
National Crisis Chat: https://suicidepreventionlifeline.org/chat/

Financial Support
The Office of Student Financial Aid
2400 University Capitol Centre, 335-1450 https://financialaid.uiowa.edu/graduate

SSW Scholarships, Awards, & Financial Aid
https://clas.uiowa.edu/socialwork/graduate-program/scholarships-awards-financial-aid
Food and Housing Insecurity, Legal Services & Child Care Services

Basic Needs & Support Resources
319 335-1162 https://basicneeds.uiowa.edu/resources/
135 IMU

University Food Pantry
East Pantry location: G200 IMU
(319) 335-3059 https://leadandserve.uiowa.edu/organizations/food-pantry/

Hawkeye Meal Share
(319) 335-1162 https://dos.uiowa.edu/assistance/hawkeye-meal-share

CommUnity Food Bank
(319) 351-0128; https://builtbycommunity.org/foodbank/
1121 S. Gilbert Court, Iowa City

UISG Renter’s Guide
https://uisg.uiowa.edu/student-services/renters-guide/

Student Legal Services
https://legal.studentlife.uiowa.edu/
157 IMU, 335-3276. This office provides general legal assistance for students by law students who are under the close supervision of a licensed attorney.

University Human Resources Child Care Subsidy Program for Student Families
121-50 USB, 319 335-3558
https://hr.uiowa.edu/well-being/family-services/child-care/subsidy-program-student-families

Applying to Social Work Graduate Programs
The Council on Social Work Education (http://www.cswe.org) has a listing of all MSW programs in the U.S.

If you are interested in The University of Iowa Master’s of Social Work program, see our website (https://socialwork.uiowa.edu/graduate/msw-social-work) or contact Kate Kemp (308 NH) or Tomeka Petersen (Rm.356 NH)