

# **APPENDIX C: OTHER SOURCES OF INFORMATION AND SUPPORT**

## **College and University Information and Support**

**CLAS Student Academic Handbook** <https://clas.uiowa.edu/students/handbook>

**The University of Iowa General Catalogue**  
<http://catalog.registrar.uiowa.edu/>

**Student Life at Iowa**  
<https://studentlife.uiowa.edu/>

249 Iowa Memorial Union, 335-3557 Many services including Tutor Referral

**Unsafe Situation on Iowa City Campus**  
<https://hr.uiowa.edu/threat-assessment>

UI Police 335-5022; Threat Assessment & Care Team 335-2955  
121-51 USB

**International Student and Scholar Services, including Study Abroad**  
<https://international.uiowa.edu/iss>  
1111 University Capitol Centre, 335-2700

**Student Disability Services (SDS)**  
<https://sds.studentlife.uiowa.edu/>  
141 University Capitol Centre, 335-1462  
335-1498 (text telephone)

**Center for Inclusive Academic Excellence**  
<https://diversity.uiowa.edu/division/CIAE>  
2750 University Capitol Centre, 335-3555

### **The Office of Institutional Equity (OIE)**

<https://diversity.uiowa.edu/eod>

Located at 2750 University Capitol Centre, Suite 3719, 335-3555

In April 2021, the University of Iowa announced it was forming a new Office of Institutional Equity (OIE) under the Division of Diversity, Equity, and Inclusion (DDEI) to streamline the process of reporting bias, harassment, discrimination, equity, free speech, and sexual misconduct concerns.

***Effective July 1, 2021, the Office of Sexual Misconduct Response Coordinator (OSMRC), the Office of Equal Opportunity and Diversity (EOD), and two investigators of the Office of Student Accountability (OSA) related to Title IX complaints merged to become the OIE. Working together, the three units will provide a centralized complain investigative team, a coordinated intake and record-keeping process, and improved response times to investigations.***

### **Office of the University Ombudsperson**

<https://ombudsperson.org.uiowa.edu/>

Third Floor, Jefferson Building, 335-3608 The Office of the Ombudsperson serves students, faculty and staff and offers informal resolution, mediation and/or negotiation to constituents. Ideally, the Office exists to prevent conflicts from escalating beyond the ability of clients to resolve them informally.

## **Student Life Cultural Centers**

### **Afro-American Cultural Center**

<https://multicultural.uiowa.edu/centers/african-american/>

303 Melrose Ave, 335-8296

### **Latino-Native American Cultural Center**

<https://multicultural.uiowa.edu/culturalcenters/lnacc/>

308 Melrose Ave, 335-8298

### **The Asian Pacific American Cultural Center (APACC)**

<https://multicultural.uiowa.edu/culturalcenters/apacc/>

223 Lucon Dr., 335-2719

### **Lesbian, Gay, Bisexual, Transgender & Queer (LGBTQ+) Community**

<https://diversity.uiowa.edu/resources/lgbtq-resources>

Diversity, Equity, and Inclusion 2750 University Capitol Centre, Suite 3719, 335-3555

### **Women's Resource and Action Center (WRAC)**

<https://wrac.uiowa.edu/>

Bowman House, 230 N. Clinton St., 335-1486

### Academic & Career Development Services

#### Volunteer & Service Learning Opportunities

<https://careers.uiowa.edu/students/volunteer>

C310 Pomerantz Center 335-1023

#### Writing Center

<https://writingcenter.uiowa.edu/>

110 EPB, 335-0188

#### Job Search Information

Job postings are sent out via the School's list serve and on the [Social Work Job Listings](#) webpage. The Career Center 100 Pomerantz Center, Suite C310, (<http://www.careers.uiowa.edu/>) offers a variety of services to support your job search.

### Health and Mental Health Services

#### Student Care and Assistance Program

<https://dos.uiowa.edu/assistance/>

135 IMU 319-335-1162

Student Care & Assistance provides assistance to University of Iowa students experiencing crisis and emergency situations.

#### University Health Services

<https://studenthealth.uiowa.edu/>

4189 Westlawn, 335-8370

#### Student Wellness Services – Most Services are Free

<https://studentwellness.uiowa.edu/>

4189 Westlawn South, 335-8394

309 S. Madison Street, 353-2973

Wellness Services offer individually tailored, one-on-one consultations in the areas of:

- Alcohol and Other Drug Support  
<https://studentwellness.uiowa.edu/appointments/alcohol-drugs/>
- Fitness <https://studentwellness.uiowa.edu/appointments/fitness/>
- Nutrition <https://studentwellness.uiowa.edu/appointments/nutrition/>
- Sleep <https://studentwellness.uiowa.edu/programs/refresh/>
- Stress Management <https://studentwellness.uiowa.edu/appointments/stress/>
- Tobacco and E-Cigarette Support  
<https://studentwellness.uiowa.edu/appointments/tobacco/>
- [Weight Management Clinic](#) – Most consultations are free. Call 335-8394 (Westlawn) & 353-2973 (Campus Recreation & Wellness Center-fitness only)

### **Mental Health at Iowa (list of resources)**

<https://mentalhealth.uiowa.edu/>

### **Mindfulness Workshops and Courses**

#### **Mindfulness**

<https://studentwellness.uiowa.edu/programs/mindfulness> See website for dates, locations and cost. Koru Mindfulness is an evidence-based curriculum specifically designed for teaching mindfulness, meditation, and stress management to college students and other young adults.

### **UI Collegiate Recovery Program**

319 335-3557 For more information, visit <https://mentalhealth.uiowa.edu/collegiate-recovery-program> or email [UI-CRP@uiowa.edu](mailto:UI-CRP@uiowa.edu)

### **University Counseling Service**

(319) 335-7294; <https://counseling.uiowa.edu/> For an emergency, call 911 or 335-7294 8 a.m. to 5 p.m., Monday through Friday. It may take up to two weeks to meet with a counselor.

Westside Location: 3223 Westlawn S., Iowa City, IA 52242

Eastside Location: University Capitol Centre, Suite 1950

### **Iowa Crisis Chat** (formerly the Crisis Center of Johnson County)

Crisis call: 1-855-325-4296

Iowa Crisis Chat: <https://www.iowacrisischat.org/>

### **Lifeline**

Crisis call: 1-800-273-8255

National Crisis Chat: <https://suicidepreventionlifeline.org/chat/>

## **Financial Support**

### **The Office of Student Financial Aid**

2400 University Capitol Centre, 335-1450 <https://financialaid.uiowa.edu/graduate>

### **SSW Scholarships, Awards, & Financial Aid**

<https://clas.uiowa.edu/socialwork/graduate-program/scholarships-awards-financial-aid>

### Food and Housing Insecurity, Legal Services & Child Care Services

#### Basic Needs & Support Resources

319 335-1162 <https://basicneeds.uiowa.edu/resources/>  
135 IMU

#### University Food Pantry

East Pantry location: G200 IMU  
(319) 335-3059 <https://leadandserve.uiowa.edu/organizations/food-pantry/>

#### Hawkeye Meal Share

(319) 335-1162 <https://dos.uiowa.edu/assistance/hawkeye-meal-share>

#### CommUnity Food Bank

(319) 351-0128; <https://builtbycommunity.org/foodbank/>  
1121 S. Gilbert Court, Iowa City

#### UISG Renter's Guide

<https://uisg.uiowa.edu/student-services/renters-guide/>

#### Student Legal Services

<https://legal.studentlife.uiowa.edu/>

157 IMU, 335-3276. This office provides general legal assistance for students by law students who are under the close supervision of a licensed attorney.

#### University Human Resources Child Care Subsidy Program for Student Families

121-50 USB, 319 335-3558  
<https://hr.uiowa.edu/well-being/family-services/child-care/subsidy-program-student-families>

### Applying to Social Work Graduate Programs

The Council on Social Work Education (<http://www.cswe.org>) has a listing of all MSW programs in the U.S.

If you are interested in The University of Iowa Master's of Social Work program, see our website (<https://socialwork.uiowa.edu/graduate/msw-social-work>) or contact Kate Kemp (308 NH) or Tomeka Petersen (Rm.356 NH)

8/22/23