

# Serve with the Healthy Minds Alliance AmeriCorps Program

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Healthy Minds Alliance is a community-based approach to the mental health crisis utilizing evidence-based/ informed programs in diverse communities across the nation. AmeriCorps Members will serve as certified Mental Health Gatekeeper Training Instructors and train community members on how to support people with mental health challenges.

*Location: NAMI Johnson County in Iowa City, IA*

## **HMA SERVICE RESONSIBILITES:**

**Instructor Certification:** AmeriCorps members will undergo training to become certified instructors for select programs identified by the host site. These programs may include Mental Health First Aid, QPR, SafeTALK, or other evidence-based/informed initiatives approved by Health360.

**Mental Health Gatekeeper Program Instructor:** AmeriCorps members will take the lead in conducting mental health certification courses, certifying members of the public. These courses will equip participants with the skills to identify, prevent, and provide support to individuals facing mental health challenges.

**Community Outreach:** AmeriCorps members will advocate for mental health awareness whenever possible and provide outreach to the local community to schedule mental health gatekeeper trainings.

**Staff Support:** AmeriCorps members may assist the NAMI Johnson County staff with ongoing mental health community initiatives and regional events.

## **HMA Service Requirements:**

- Must be 18 years of age or older
- Attend a pre-service screening interview
- Complete a criminal background check, drug test and fingerprinting
- Successfully complete designated mental health evidence-based/ informed training
- Maturity, dependability, sensitivity and a desire to help others
- Adherence to NAMI Johnson County's policies and procedures
- Participate in monthly calls held nationally by Health360
- Complete required CDC and Public Health AmeriCorps trainings

## **HMA Experience Preferred:**

- Bachelor's Degree
- Personal and/ or professional knowledge of mental health topics

- Strong teaching and/ or training skills and experience, especially with adult learners
- Understanding of mental health issues and resources
- Skills and experience facilitating diverse groups and creating/maintaining a positive, effective learning environment
- Knowledge about mental health resources in her/his community and state
- Positive attitudes towards individuals with mental illnesses
- Enthusiasm for reducing the stigma and discrimination associated with mental illness and addiction disorders

### **HMA Details and Benefits:**

- Complete a 10-month commitment
- Complete 1700 service hours – 40 hours per week; 5 holidays and 2.5 personal days
- Hybrid (in-person and remote)
- \$19,000 stipend for service – paid biweekly in 22 equal installments
- \$6,895 Education Award upon completion of service commitment
- Exclusive networking opportunities
- Childcare assistance available
- Member assistance program

If you are interested in becoming a HMA AmeriCorps Service member, please contact Julia Puzone at [puzone@health360.org](mailto:puzone@health360.org)