Other Sources of Information and Support

CLAS Student Academic Handbook https://clas.uiowa.edu/students/handbook

The University of Iowa General Catalogue

http://catalog.registrar.uiowa.edu/

Student Life at Iowa

https://studentlife.uiowa.edu/

249 Iowa Memorial Union, 319 335-3557 Many services including Tutor Referral

Unsafe Situation on Iowa City Campus

https://hr.uiowa.edu/threat-assessment

UI Police 319 335-5022

Threat Assessment & Care Team 319 384-2955

139 UCC, 200 S. Capitol St.

Sexual Harassment & Misconduct Resources

https://diversity.uiowa.edu/resources/sexual-harassment-misconduct-resources

455 Van Allen Hall, 319 335-0705

International Student and Scholar Services, including Study Abroad

https://international.uiowa.edu/isss

1111 University Capitol Centre, 319 353-2700

Student Disability Services (SDS)

https://sds.studentlife.uiowa.edu/

141 University Capitol Centre, 319 335-1462

319 335-1498 (text telephone)

Division of Access Opportunity & Diversity

Office of Access and Support (OAS)

https://diversity.uiowa.edu/daod/oas

2750 University Capitol Centre, Suite 3719, 319 335-3555

Office of Civil Rights Compliance (OCRC)

https://diversity.uiowa.edu/eod

319 335-0705

In April 2021, the University of Iowa announced it was forming a new Office of Institutional Equity (OIE) into the Office of Civil Rights Compliance (OCRC) to align with Iowa Board of Regents directives on Diversity, Equity, and Inclusion. The OCRC combines Title IX, gender equity, equity investigations, and ADA compliance functions.

Additionally, the OCRC provides resources to students, faculty, and staff, fostering a campus environment that values individual ideas and contributions.

Title IX and Gender Equity

455 Van Allen Hall ocrc-titleIX@uiowa.edu

ADA, Discrimination, Employment, Affirmative Action Investigations and Compliance

202 Jessup Hall, West Jefferson Street, Iowa City

daod-ocrc@uiowa.edu

ocrc-discrimination@uiowa.edu

ocrc-disability@uiowa.edu

Office of the University Ombudsperson

https://ombudsperson.org.uiowa.edu/

Third Floor, Jefferson Building, 319 335-3608 The Office of the Ombudsperson serves students, faculty and staff and offers informal resolution, mediation and/or negotiation to constituents. Ideally, the Office exists to prevent conflicts from escalating beyond the ability of clients to resolve them informally.

Student Life Cultural Centers

Afro-American Cultural Center

https://multicultural.uiowa.edu/centers/african-american/

303 Melrose Ave, 319 335-8296

Latino-Native American Cultural Center

https://multicultural.uiowa.edu/culturalcenters/Inacc/

308 Melrose Ave, 319 335-8298

The Asian Pacific American Cultural Center (APACC)

https://multicultural.uiowa.edu/culturalcenters/apacc/

223 Lucon Dr., 319 335-2719

Lesbian, Gay, Bisexual, Transgender & Queer (LGBTQ+) Resources

https://admissions.uiowa.edu/resources-lgbtq-students

2750 University Capitol Centre, Suite 3719, 319 335-3555

Women's Resource and Action Center (WRAC)

https://wrac.uiowa.edu/

Bowman House, 230 N. Clinton St., 319 335-1486

Academic & Career Development Services

Volunteer & Service Learning Opportunities

https://careers.uiowa.edu/students/volunteer

C310 Pomerantz Center 319 335-1023

Writing Center

https://writingcenter.uiowa.edu/

110 EPB, 319 335-0188

Graduate Success Center

https://grad.uiowa.edu/grad-success

201 Gilmore Hall 319 335- 2143

Job Search: Job postings are sent out via the School's list serve and on the <u>Social Work Job Listings</u> webpage.

The Pomerantz Career Center

C310 Pomerantz Center (http://www.careers.uiowa.edu/) offers a variety of services to support your job search.

Health and Mental Health Services

Student Care and Assistance Program

https://dos.uiowa.edu/assistance/

135 IMU 319-335-1162

Student Care & Assistance provides assistance to University of Iowa students experiencing crisis and emergency situations.

University Health Services

https://studenthealth.uiowa.edu/

4189 Westlawn, 319 335-8370

Student Wellness Services - Most Services are Free

https://studentwellness.uiowa.edu/

4189 Westlawn South, 319 335-8394

309 S. Madison Street, 319 353-2973

Wellness Services offer individually tailored, one-on-one consultations in the areas of:

- Alcohol and Other Drug Support https://studentwellness.uiowa.edu/appointments/alcohol-drugs/
- Fitness https://studentwellness.uiowa.edu/appointments/fitness/
- Nutrition https://studentwellness.uiowa.edu/appointments/nutrition/
- Sleep https://studentwellness.uiowa.edu/programs/refresh/
- Stress Management https://studentwellness.uiowa.edu/appointments/stress/
- Tobacco and E-Cigarette Support https://studentwellness.uiowa.edu/appointments/tobacco-and-e-cigarette-support
- Weight Management Clinic https://studenthealth.uiowa.edu/weight-management-clinic

Mental Health at Iowa (list of resources)

https://mentalhealth.uiowa.edu/

Mindfulness Workshops and Courses

Mindfulness

https://studentwellness.uiowa.edu/programs/mindfulness
See website for dates, locations and cost. Koru Mindfulness is an evidence-based curriculum specifically designed for teaching mindfulness, meditation, and stress management to college students and other young adults.

UI Collegiate Recovery Program

319 335-3557 For more information, visit https://mentalhealth.uiowa.edu/collegiate-recovery-program or email https://mentalhealth.uiowa.edu/collegiate-recovery-program or email UI-CRP@uiowa.edu/collegiate-recovery-program or email

University Counseling Service

319 335-7294; https://counseling.uiowa.edu/ For an emergency, call 911 or 319 335-7294

8 a.m. to 5 p.m., Monday through Friday. It may take up to two weeks to meet with a counselor.

Main Office: 3223 Westlawn S., Iowa City, IA 52242

Embedded offices: College of Dentistry, Law, IVETS, Tippie College of Business & University Housing and Dining

Iowa Crisis Chat (formerly the Crisis Center of Johnson County)

Crisis call: 988

Iowa Crisis Chat: https://www.iowacrisischat.org/

Lifeline

Phone 988 – suicide & crisis lifeline

National Crisis Chat: https://suicidepreventionlifeline.org/chat/

Financial Support

Graduate Tuition Scholarship

Grad College, 201 Gilmore Hall, 319 335-2143 https://grad.uiowa.edu/scholarship/graduate-tuition-scholarship

The Office of Student Financial Aid Grad Student

2400 University Capitol Centre, 319 335-1450

Undergrad - https://financialaid.uiowa.edu/

Graduate- https://financialaid.uiowa.edu/graduate

SSW Scholarships

Undergrad - https://socialwork.uiowa.edu/undergraduate/scholarships

Graduate - https://socialwork.uiowa.edu/graduate/funding

Food and Housing Insecurity, Legal Services & Child Care Services

Basic Needs & Support Resources

319 335-1162 https://basicneeds.uiowa.edu/resources/

University Food Pantry

G200 Iowa Memorial Union

319 335-1162 https://basicneeds.uiowa.edu/food-pantry

Hawkeye Meal Share

319 335-1162 https://dos.uiowa.edu/assistance/hawkeye-meal-share

CommUnity Food Bank

319 351-0128 https://builtbycommunity.org/i-need-help/food-bank/

1045 Highway 6 East, Iowa City

UISG Renter's Guide

https://usg.uiowa.edu/resources/student-resource-guides/renters-guide

Student Legal Services

https://studentlegal.ujowa.edu/

G115 IMU, 319 335-3276. This office provides general legal assistance for students by law students who are under the close supervision of a licensed attorney. For a nominal fee, legal representation can be secured for anything from tenant-landlord disputes to small claims to criminal problems.

University Human Resources Child Care Subsidy Program for Student Families

121-50 USB, 319 335-3558

https://hr.uiowa.edu/well-being/family-services/child-care/subsidy-program-student-families

Applying to Graduate Programs in Social Work_The Council on Social Work Education (https://www.cswe.org/accreditation/about/directory/?) has a listing of all CSWE-accredited MSW programs in the U.S.

If you are interested in the University of Iowa Master's of Social Work program, contact: ssw-admissions@uiowa.edu; visit the Admissions webpage, and/or join a future Info Session.

National Association of Social Work <u>NASW Professional Code of Ethics</u>: https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

1/28/2025