

Peggy Lynn Trospen, MSW, LMSW (*she/her*)
Curriculum Vitae – January 2025

EDUCATION AND PROFESSIONAL HISTORY

Education

2006 – 2008 Master of Arts, University of Iowa, School of Social Work
2004 – 2006 Bachelor of Arts, University of Iowa, College of Liberal Arts,
Major: Social Work
2001 – 2004 Associate of Arts, Kirkwood Community College
Major: Liberal Arts

Professional and Academic Positions

2024 – present **Clinical Assistant Professor, Des Moines Practicum Administrator,**
The University of Iowa, School of Social Work (UI SSW)
2018 – 2024 **Instructor and Continuing Education Coordinator,** The University of
Alabama School of Social Work (UA SSW)
2017 **Adjunct Instructor,** UI, School of Social Work
2017 **Adjunct Instructor,** Kirkwood Community College
2015 – 2017 **Clinical Faculty / Training Director,** UI, Center for Disabilities and
Development (CDD/LEND)
2015 – 2018 **Clinical Faculty Mentor,** UI, College of Nursing
2014 – 2017 **Program Manager,** Iowa Regional Autism Assistance Program, University
of Iowa (UI), Carver College of Medicine, Division of Child and
Community Health, Child Health Specialty Clinics (CHSC)
2011 – 2013 **Admissions Coordinator, Support Group Facilitator, and Community
Educator,** Iowa City Hospice
2010 – 2011 **Program Coordinator,** UI, CHSC
2008 – 2010 **Regional Branch Manager,** Iowa Hospice
2009 – 2017 **Practicum Instructor,** UI, School of Social Work
2006 – 2008 **Graduate Research Assistant,** UI School of Social Work
2007 **Family Caregiver Specialist,** Elder Services, Inc.
2005 – 2007 **Human Services Intern,** Johnson County Council of Government,
City of Iowa City
2001 – 2004 **Program Coordinator,** UI, National Advanced Driving Simulator
1991 – 2001 **Secretary II – promoted to Clerk IV,** UI, Iowa Social Science
Institute
1989 – 1991 **Secretary I,** UIHC, Surgical Intensive Care Unit

Licensure, Certifications, and Professional Trainings

2022 Teaching Online Certificate, Quality Matters
2018 – Present Licensed Master's Level Social Worker (LMSW), State of Alabama
2008 – Present Licensed Master's Level Social Worker (LMSW), State of Iowa
2013 – 2018 Mandatory Reporting Training for Child and Dependent Adult Abuse
2013 – 2015 Advanced Certified Hospice & Palliative Social Worker (ACHP-SW)
2008 – 2009 Iowa Hospital Association Health Care Leadership Series
2009 End of Life Nursing Education Consortium (ELNEC) Certification
2008 Time Slips Certified Trainer

2007	<i>Are you Covered?</i> Advocacy Training - Alzheimer's Association and coalition partners, including the American Cancer Society, the American Diabetes Association, AARP, & the American Heart Association
2006	Iowa City Hospice Volunteer Training
2006	Iowa City Hospice CALM Volunteer Training (<i>assisted with development of this specific training, utilizing train-the-trainer framework</i>)
2006	Program Development and Grant Writing
2000–2001	Management Series Certificate, University of Iowa

TEACHING

Courses taught at The University of Iowa

Spring 2025

- Clinical and Leadership Practicum Seminar (*Graduate*)
- Engaging with Evidence (*Graduate*)
- BA Generalist Practicum Seminar (*online, undergraduate*)

Fall 2024

- Program and Practice Evaluation (*Graduate*)
- Clinical and Leadership Practicum Seminar (*Graduate*)

Fall 2017

- Interpersonal Skills Lab, School of Social Work

Courses taught at The University of Alabama

Spring 2024

- Death, Dying, and Bereavement (*undergraduate*)
- Geriatric Care Management* (*online, Graduate*)
*Revised course content

Fall 2023

- Growing Old in America (*online, undergraduate*)
- Models and Methods of Gerontological Practice* (*online, graduate*)
*Revised course content – QM certified

Summer 2023

- Social Service Program Agency Administration (*online, Graduate*)
- Human Development and Social Systems (*online, Graduate*)

Spring 2023

- Social Work Practice with Communities and Organizations (*undergraduate*)
- Social Work Practice with Communities and Organizations* (*online, Graduate*)
*Revised course content – QM certified

Fall 2022

- Death, Dying, and Bereavement
- Models and Methods of Gerontological Social Work Practice (*online, Graduate*)
- Growing Old in America* (*online, Undergraduate*)
*Revised course content

Summer 2022

- Human Development and Social Systems (*online, Graduate*)
- Planning & Program Development (*online, Graduate*)

Spring 2022

- Planning & Program Development* (*online, Graduate*)
*Revised course content

- Death, Dying, and Bereavement (*online, Undergraduate*)

Fall 2021

- Social Service Program Agency Administration (*online, Graduate*)
- Social Work Practice with Adults in Mental Health

Summer 2021

- Social Service Program Agency Administration* (*online, Graduate*)
*Revised course content
- Growing Old in America (*online, Undergraduate*)

Spring 2021

- Death, Dying, and Bereavement (*online*)
- Geriatric Care Management (*online, Graduate*)

Fall 2020

- Growing Old in America (*online, Undergraduate*)
- Models and Methods of Gerontological Social Work Practice* (*online, Graduate*)
*Revised course content

Summer 2020

- Growing Old in America (*online, Undergraduate*)
- Social Welfare Policy (*online, Graduate*)
- Social Service Program Agency Administration (*Independent Study-MSW Student*)

Spring 2020

- Geriatric Care Management* (*online, Graduate*)
*Revised course content
- Death, Dying, and Bereavement (*Undergraduate – shifted to online March 2020*)

Fall 2019

- Growing Old in America (*online, Undergraduate*)
- Death, Dying, and Bereavement (*Undergraduate*)

Summer 2019

- Growing Old in America (*online, Undergraduate*)*
*Revised course content
- Planning and Program Development in Social Service Agencies (*online, Graduate*)

Spring 2019

- Growing Old in America (*online, Undergraduate*)
- Volunteerism in Human Services (*Undergraduate*)

Fall 2018

- Planning and Program Development in Social Service Agencies (*online, Graduate*)
- Human Behavior in the Social Environment I (*Undergraduate*)

Summer 2018

- Growing Old in America (*online, undergraduate*)
- Planning and Program Development in Social Service Agencies (*online, Graduate*)

Courses taught at Kirkwood Community College, Business, and Information Technologies

Fall 2017

- Human Relations in Management

STUDENT MENTORING ACTIVITIES

UA SSW, Tuscaloosa, Alabama

Faculty Advisor, University Fellows Experience Magnum Opus
August 2023 – present

The Magnum Opus is an independent study experience that provides a context for University Fellows to apply knowledge, skills, and perspectives acquired over their courses of study to the planning, development, completion, and evaluation of an academically based project. Students complete a magnum opus guided by a faculty advisor.

UI, Center for Disabilities and Development, Iowa City, Iowa

Clinical Faculty/Training Director

August 2015 – December 2017

Provided mentorship and trained Master's Level Social Work students participating in the LEND program while offering content-based education and information. Meet regularly with trainees interested in practicing at the macro-level and provide opportunities for engagement in statewide activities related to policy and enhancing the System of Care for Iowa's children and youth with special health care needs and their families. Lecture to trainees on systems theory and integrating services and resources to enhance Systems of Care at all levels.

UI, College of Nursing, Iowa City, Iowa

Clinical Faculty Mentor

August 2015 – May 2018

<u>2015-16</u>	K. Hepfer	Degree Conferred
<u>2016-17</u>	V. Kimm	Degree Conferred
	E. Heying	Degree Conferred
<u>2017-18</u>	J. Permeswaran,	Degree Conferred

SCHOLARSHIP AND PROFESSIONAL PRODUCTIVITY

Wilkes, S., Davis, C., Cheatham, L., and **Trosper, P.** (2024). One Click Away: Establishing a Virtual Platform to Amplify and Learn from Marginalized Voices during Crises. *Professional Development: The International Journal of Continuing Social Work Education*, 27(1), 03.

Cheatham, L. P., Smith, S., Siler, M., Johnson, K., Turner, C., Wilkes, S., Shah, A., Johnson, L., **Swails, P.**, & Lopaczynski, L.* (2020). "Own your vote": A novel approach to teach social workers about voting rights. *Professional Development: The International Journal of Continuing Social Work Education*.

Sanders, S. and **Swails, P.** 2011. A Quest for Meaning: Hospice Social Workers and Patients with End-Stage Dementia. *Social Work*, 56(2), p. 129-140.

Sanders, S., Butcher, H., **Swails, P.**, and Power, J. 2009. Portraits of Caregivers of End-stage Dementia Patients Receiving Hospice Care. *Death Studies*, 33, 521-556.

Sanders, S. and **Swails, P.** 2007. Caring for Patients with End-Stage Dementia at the End-of-Life: A Specific Focus on Hospice Social Workers. *Dementia*, 8, 117-138.

Book Reviews

Swails, P. (2020). [Reviewed book "Gerontological Social Work and the Grand Challenges: Focusing on Policy and Practice, by S. Sanders, S. Kolomer, C. Spelleman, and V. Rizzo]. *Best Practices in Mental Health*, 16(2), p. 69-70.

Educational Resource Guides

Dohrmann, J., Yeggy, L., **Swails, P.**, Sanders, S., et al. 2010. *Dementia Care: A Guide for Individuals, Families and Caregivers*. (revised version of *Providing Care Through the Course of Dementia: A Guide for Caregivers*), Iowa City Hospice.

Swails, P., Sanders, S. and Dohrmann, J. 2007. *Providing Care Through the Course of Dementia: A Guide for Caregivers*, Iowa City Hospice.

Other Publications

Invited Poster Sessions

Swails, P., Swanson-Holm, R. and Hertel, E. *The Iowa Regional Autism Assistance Program: Transforming the System of Care for Today's Children, Youth and Families*. Presented at the Annual Conference for the Association of Maternal & Child Health Program (AMCHP), Washington, D.C. April 2016.

Sanders, S. and **Swails, P.** *Portraits of End-Stage Dementia Caregivers*. Presented at the Annual Conference of the Society for Social Work and Research (SSWR), Washington, D.C. January 2008.

Newsletter Articles (Invited to submit)

Pelzel, K. and **Swails, P.** Navigating the Diagnostic Course for Autism Spectrum Disorder. *Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Care for Kids Newsletter*, 23(1), Winter 2016.

Swails, P. and Lindgren, S. Emerging Technologies in Autism Treatment, Training, and Systems Building: Snapshots from Autism CARES Grantees: Iowa—Increasing Access to Telehealth for Specialty Care. *Association of Maternal Child Health Programs, PULSE*, March/April 2016.

Invited Lectures and Presentations

National

Trosper (Swails), P. *It's Complicated! Grief Amidst a Global Pandemic*, Invited by NASW-PA chapter to present, October 2021.

Swails, P. & Hanley, M. *Peer Exchange: The Evolution of Family Navigation and Engagement in ASD/DD Systems of Care*. Invited by AMCHP to present to Current and Former Federal State Grantees on Iowa's Family Navigator Network. Warwick, Rhode Island, June 2017.

Swails, P., Swanson-Holm, R. & Gallegos, Jessica. *The Iowa Regional Autism Assistance Program: Engaging Effective Partnerships to Enhance Systems of Care While Building Sustainable Programs*. Invited by AMCHP to present at their Annual Conference, Kansas City, MO, March 2017.

Swails, P. *Shared Resource: Iowa Child Health Connections*. Invited by AMCHP to present to State Grantees on the successful collaboration and integration of resources with the Systems Implementation Grant team through the IDPH. Richmond, VA, June 2016.

Swails, P. and Swanson-Holm, R. *Peer Learning: A Complimentary Exchange Between Iowa and Massachusetts*. Invited by AMCHP to present to State Grantees. Richmond, VA, June 2016.

Sanders, S. and **Swails, P.** *Role of Hospice Social Workers with Family Caregivers of Persons with Dementia*. Presented preliminary research results at the 14th Annual Dementia Care Conference, Atlanta, GA, September 2006.

State (Iowa)

Swails, P., Hertel, E. & Swanson-Holm, R. (April 2016). *Transforming the System of Care for Children, Youth, and Families: The Iowa Regional Autism Assistance Program*. Presented at the Iowa Governor's Conference on Public Health, Des Moines, IA.

Swails, P., Hertel, E. & Underwood-Levin, T. (April 2015). *Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and their Families*. Presented at the Iowa Governor's Conference on Public Health, Cedar Rapids, IA.

Swails, P. & Sanders, S. (May 2008). *Family portraits: Caregivers of hospice patients with dementia*. Presented at the Iowa Governor's Conference on Aging, Des Moines, IA.

Bern-Klug, M., & **Swails, P.** (May 2008). *The dynamics of nursing home social work*. Iowa Governor's Conference on Aging, Des Moines, IA.

Bern-Klug, M., **Swails, P.**, & Saunders, J. (May 2007). *The importance of preparing social workers to help nursing home residents and family members on their journey: Results from the National Nursing Home Social Services Director Study*. Iowa Governor's Conference on Aging, Des Moines, IA.

Other Presentations

Swails, P. *Hospice 101*. Presentation to referral sources, Tuscaloosa, AL, February 2020.

Swails, P. and Swanson-Holm, R. *Iowa Regional Autism Assistance Program* Seminar for ILEND Interdisciplinary Fellows, Sept 2016

Swails, P. *Innovation in Care Integration for Iowa's Children and Youth with Autism Spectrum Disorders and Other Developmental Disabilities Program*. Invited to present information to the Iowa Autism Council, Des Moines, IA, June 2016

Swails, P. and Underwood-Levin, T. *Autism 101*. Invited by IDPH's 1st Five program to collaborate and present to community and educational service providers and family caregivers. Two presentations in the same day; afternoon and evening. Muscatine, IA, May 2016

Swails, P. *The Iowa Regional Autism Assistance Program*. Contacted by Managed Care Organization (MCO) to present on program to explore integrating care coordination and family support services offered by RAP with the MCO. Iowa City, IA, March 2016.

Swails, P. *The Iowa Regional Autism Assistance Program*. Autism Day on the Hill. Invited by the Autism Society of Iowa to share information with legislators, family members, and service providers. Des Moines, IA, Feb 2015 & 2016.

Swails, P. *The Iowa Regional Autism Assistance Program*. Invited by Drs. Todd Kopelman and Kelly Pelzel to be guest lecturer for graduate-level course. University of Iowa, Center for Disabilities and Development. Iowa City, IA, December 2015.

Swails, P. *Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and Other Developmental Disabilities and Their Families*. Invited by IDPH Dental Director, Dr. Bob Russell, DDS, to explore integrating oral health with autism services. Iowa City, IA, December 2015.

Swails, P. *Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and Other Developmental Disabilities and Their Families*. Invited to present information to the Iowa Autism Council. Des Moines, IA, June 2015.

Swails, P., Hertel, E. and Underwood-Levin, T. *Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder*. Invited to present to the CDD/LEND trainees. Iowa City, IA, April 2015.

Huber, L., **Swails, P.**, and Hertel, E. *The Iowa Regional Autism Assistance Program: Connecting Children and Families with Autism Spectrum Disorder to Community Resources*. Invited to present during a brown bag luncheon with faculty and staff from the Center for Disabilities and Development. Iowa City, IA, Feb 2014.

Swails, P., Gehlbach, R. and Osterhaus, J. *Impact of Caregiving: What Makes Your Experience Unique?* Caregiver Retreat. Rock Island, IL, August 2007.

Sanders, S., Dohrmann, J. and **Swails, P.** *Train the Trainer*, Co-presented to statewide hospice professionals the curriculum for CALM volunteer training held at the Iowa Hospital Organization. Des Moines, IA, March 2007.

PROFESSIONAL SERVICE

The University of Iowa

2024 – present 1stGen@Iowa Mentor

The University of Iowa, School of Social Work

2024 – present Practicum Liaison for MSW students
2008 – 2017 Clinical Supervisor & Field Instructor for MSW students

National

2022 – present National DSW Virtual Annual Conference, planning committee member and moderator for virtual presentations.
2015 – 2017 Autism CARES National Conference, Planning Committee Member

The University of Alabama

2023 – present United Way Annual Campaign Campus Coordinator
2023 – present Graduate Council – Awards and Scholarship Committee Member
2023 Capstone Courses, Subcommittee Member
2022 – 2023 General Education Steering Committee, Committee Member
2021 – 2023 Graduate Council – Admissions and Recruitment Committee Member
2020 – present Graduate College Committee, Alternate Faculty Committee Member

The University of Alabama, School of Social Work

2024 – present BSW Awards and Honors Day Committee Member
2023 – present Admissions, Committee Member
2023 – present BSW Program Committee, Committee Member
2023 – present Academic Advisor – BSW students
2023 – present Annual Alabama-Mississippi Social Work Education Conference Committee, CEU Coordinator
2023 Search committee member for internal director positions for BSW and DSW programs.
2023 – present Diversity Committee, Chair
2022 – 2023 Diversity Committee, Co-chair
2022 – present Search committee member for multiple tenure- and non-tenure track faculty positions, National search
2018 – present Continuing Education Program, Chair
2018 – 2021 Continuing Education Advisory Board Committee, Chair (*committee disbanded*)
2018 – present MSW Program Reinstatement Committee, Committee Member
2018 – present MSW Program Committee, Committee Member
2018 – present MSW Program Curriculum Development Committee, Committee Member
2018 – 2022 Diversity Committee, Committee Member
2018 – 2019 47th Annual Alabama-Mississippi Social Work Education Conference, Co-chair

The University of Iowa, Division of Child and Community Health, CHSC

2015 – 2017 National Autism Leadership Summit National Workgroup
2015 – 2017 National Autism Leadership Committee
2015 – 2017 Iowa Autism Symposium Planning Committee, Chair
2015 – 2017 Iowa State Strategic Planning Committee, Autism Services in Iowa, Co-chair.
2014 – 2017 Iowa RAP, Facilitator of the RAP Expert Panel Committee
2014 – 2017 UI Children’s Hospital – Autism Center, Advisory Committee Member
2014 – 2017 Iowa Autism Council, Invited Participant to quarterly meetings
2010 – 2011 Early Hearing Detection and Intervention State Advisory Member
2010 – 2011 IDPH Governor’s Annual Conference Planning Committee

The University of Iowa, College of Nursing

2015 – 2018 Clinical Faculty Mentor for Doctorate Advanced Registered Nurse Practitioner (DNP) students interested in systems-level experiences.

Community

2011 – 2012 Johnson County Board of Supervisors, Aging Policy Board Member (*appointed*)
2009 – 2017 Trinity United Methodist Church, Riverside, Pianist/Musician
2007 – 2012 West Liberty Voices Unlimited – Volunteer pianist for high school show choir
2005 – 2011 Iowa City Hospice Volunteer

GRANTS AND CONTRACTS

State

Iowa Department of Education (IDOE) – *Autism Services*

\$154,975 - **Role:** Program Manager–Served as departmental liaison to implement contract deliverables, developed annual contract, and assured project deliverables were met.

Iowa Department of Public Health (IDPH) – *Child Autism Spectrum Disorder*

\$400,000 – **Role:** Program Manager. State-legislative appropriated contract renewed annually via legislation. Managed daily operations of RAP and adhere to contract reporting guidelines to meet project deliverables, updating legislators accordingly.

Federal

Peer Exchange: The Evolution of Family Navigation and Engagement in ASD/DD Systems of Care. \$7,500, June 2017. **Funding source:** AMCHP, State Public Health Autism Resource Center (SPHARC). **Role: Program Manager.** Monies awarded for 4 project team members to attend learning collaborative in Warwick, Rhode Island.

Improving Services for Iowa's Young Children with Autism Spectrum Disorder and Other Developmental Disabilities. Awarded through competitive application process. \$591,607, Sept 1, 2014 – March 31, 2017. **Funding source:** US Department of Health and Human Services, Association of Maternal Child Health Programs (AMCHP), Health Resources and Services Administration (HRSA). **Role: Program Manager.**

Peer Exchange: Addressing Gaps in ASD/DD Diagnosis. Awarded through competitive application process. \$6,000, June 2016. **Funding source:** AMCHP, State Public Health Autism Resource Center (SPHARC). **Role: Program Manager.** Monies awarded for 2 project team members to attend learning collaborative in Richmond, VA.

Massachusetts Act Early – Considering Culture Curriculum. Awarded through competitive application process. \$6,000, May 2016. **Funding source:** AMCHP, SPHARC. **Role: Program Manager.** Monies to travel to Boston, MA to collaborate with Act Early team members in collaboration with the Federation for Children with Special Needs and the Center for Family Navigation and Comm Health Promotion at Boston Medical Center.

Iowa Act Early. Ambassador awarded to Iowa through a competitive application process. \$6,000 - May 1, 2016 – April 30, 2018. **Funding source:** Collaboratively on behalf of the Centers for Disease Control and Prevention's (CDC) National Center on Birth Defects and Developmental Disabilities, HRSA Maternal and Child Health Bureau, the Association of University Centers on Disabilities, and AMCHP. **Role: Program Manager.**

Considering Culture in Autism Screening and Systems of Care. Awarded through competitive application process. \$6,000 - June 2015. **Funding source:** AMCHP, SPHARC. **Role:** PI & Program Manager. Monies awarded for 2 project team members to travel MA to attend Annual Summit.