

Nadia G. Sabbagh Steinberg, PhD, LMSW

School of Social Work

Curriculum Vitae as of May 19, 2025

Campus Address: 225D North Hall, University of Iowa

Phone: (319) 467-4570

E-mail: nadia-sabbagh@uiowa.edu

EDUCATION AND PROFESSIONAL HISTORY

Graduate Education

2014 - 2018 **PhD**, Social Work, University of Iowa, Dissertation: 'It's Here, But You Can't Always Get to it:' The Experience of Women in Prison with Gynecological Care

2009 - 2011 **MSW**, Family Centered Track, Social Work, University of Iowa

Higher Education

2005 BA, Psychology, University of Iowa
Supporting Areas / Minor: Biology

Professional and Academic Positions

2024- Present **Clinical Assistant Professor**, School of Social Work, University of Iowa

2020- 2023 **Lecturer**, School of Social Work, University of Iowa

2021 - 2022 **Associate Ombudsperson**, University of Iowa

2016 - 2020 **Adjunct Assistant Professor**, School of Social Work, University of Iowa

2018 - 2020 **Adjunct Assistant Professor**, School of Social Work, University of Texas
Arlington

Licensures and Certifications

2011-Present **Licensed Master Social Worker**, State of Iowa Board of Social Work
Examiners, #007747

Memberships

2022- Present Council on Social Work Education
2015-2020 Society for Social Work Research
2016-2020 National Association of Social Workers
2015-2020 American Public Health Association

TEACHING
Courses Taught at the University of Iowa

Term	Course#	Title	Ten-Day Enrollment	Final Enrollment
Fall 2024	SSW:1200:0AAA	Mental Health Across the Lifespan	75	75
Fall 2024	SSW:3841:0001	Fundamentals of Social Work Practice	34	32
Fall 2024	SSW:3842:0001	Interpersonal Skills Lab	14	14
Fall 2024	SSW:3842:0002	Interpersonal Skills Lab	10	10
Spring 2024	SSW:4189:0002	B.A. Generalist Practicum Seminar	14	14
Spring 2024	ASP:4190:0001	Aging Studies Internship and Seminar	3	3
Spring 2024	ASP:03150:EXW	Psychology of Aging	33	33
Spring 2024	SSW:1200:0002	Mental Health Across the Lifespan	24	23
Fall 2023	SSW:3841:0001	Fundamentals of Social Work Practice	24	24
Fall 2023	ASP:4149:0001	Aging Studies Internship and Seminar	1	1
Fall 2023	SSW:3842:0002	Interpersonal Skills Laboratory	15	15
Fall 2023	SSW:6200:001	Development of Professional Use of Self	8	7
Spring 2023	ASP:3150:0EXW	Psychology of Aging		45
Spring 2023	ASP:6000:0EXW	Graduate Gerontology Capstone	1	1
Spring 2023	ASP:4190:001	Aging Studies Internship and Seminar	2	2
Spring 2023	ASP:3135:0EXW	Global Aging		27
Fall 2022	SSW:3841:0001	Fundamentals of Social Work Practice	22	21
Fall 2022	SSW:7271:9031	Graduate Individual Study	2	2
Fall 2022	ASP:4149:0001	Aging Studies Internship and Seminar	3	3
Spring 2022	ASP:1800:0100	Aging Matters: Intro to Gerontology	35	33
Spring 2022	ASP:3135:0EXW	Global Aging	36	36
Spring 2022	ASP:4190:0001	Aging Studies Internship and Seminar	2	2
Spring 2022	SSW:7271:5726	Graduate Individual Study	2	2

Spring 2022	ASP:6000:0EXW	Graduate Gerontology Capstone	6	6
Fall 2021	SSW:3841:0002	Fundamentals of Social Work Practice	18	16
Fall 2021	SSW:6148:0001	Research Practice I	16	16
Term	Course#	Title	Ten-Day Enrollment	Final Enrollment
Fall 2021	SSW:7271:5092	Graduate Individual Study	5	4
Fall 2021	ASP:3900:4852	Independent Study in Gerontology	1	1
Summer 2021	ASP:3135:OEXW	Global Aging	30	24
Spring 2021	ASP:6000:0EXW	Graduate Gerontology Capstone	3	3
Spring 2021	SSW:7371:2697	Graduate Individual Study	1	1
Spring 2021	SSW:4843:0EXV	Social Welfare Policy and Practice	28	28
Spring 2021	SSW:6145:0001	Organization and Community Practice	31	31
Fall 2020	SSW:3841:0002	Fundamentals of Social Work Practice	26	26
Fall 2020	ASP:3900:0846	Independent Study in Gerontology	10	10
Fall 2020	SSW:6148:002	Research Practice I	19	18
Summer 2020	ASP:3135:OEXW	Global Aging	21	21
Spring 2020	ASP:3135:OEXW	Global Aging	34	34
Fall 2019	SSW:4843:0EXW	Social Welfare Policy and Practice	19	19
Summer 2019	ASP:3135:OEXW	Global Aging	24	24
Spring 2019	SSW:4843:0EXV	Social Welfare Policy and Practice	14	14
Fall 2018	SSW:3847:0001	Discrimination, Oppression, & Diversity, (TA)	44	44
Fall 2018	ASP:3135:OEXW	Global Aging	39	39
Spring 2018	ASP:3135:OEXW	Global Aging, (TA)	64	64
Spring 2018	SSW:3845:0001	Social Work Processes, (TA)	38	38
Spring 2017	SSW:3842:0002	Interpersonal Skills Laboratory	9	9
Fall 2016	SSW:3841:002	Fundamentals of Social Work Practice	16	16
Spring 2015	SSW:3845:0001	Social Work Processes, (TA)	40	40
Fall 2014	SSW:3841:001	Fundamentals of Social Work Practice, (TA)	41	41

Additional Courses at the Taught University of Texas

Term	Title	Enrollment
Fall 2019- Fall 2020	SOCW:5308:002/006: Research and Evaluation Methods in Social Work I, MSW Research Methods Course	24
Spring 2019	SOCW:2313:007: Social Work Practice I, BSW foundational practice course	25

Innovations in Teaching

- 2023 - Present **SSW:1200 Mental Health Across the Lifespan.** I proposed and developed a course on basic mental health concepts emphasizing mental health variations throughout the lifecycle with a focus on social determinants impacting mental health. This course is being offered as a Diversity and Inclusion General Education offering.
- 2023 **SSW:7330 Clinical Practice III: Selected Topics.** I developed this course for the newly redesigned MSW curriculum, which focuses on clinical practice with couples, children/adolescents and groups.

Students Supervised at the University of IowaBA Advising

2023 – 2024	13 students
2022 – 2023	23 students
2021 – 2022	22 students
2020 – 2021	6 students

MSW Advising

2024 – 2025	28 students
2023 – 2024	8 students
2022 – 2023	23 students
2021 – 2022	25 students
2020 – 2021	23 students

PhD Advising

2023 – Present	1 student
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Medical Student Advising

2024 – Present	2 students
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Doctoral Student Mentoring

Carrie Means	Comprehensive exam committee member, 2024	Degree in progress
Morgan Stangl	Comprehensive exam committee member, 2023 Dissertation committee member, 2023 – present	Degree in progress

Field/Practicum Coordination

MSW Generalist Spring 2023 7 students
Liaised between the SSW and practicum sites; provided support and mentoring to students in Advanced

Practicum in Clinical Practice

BA Field Spring 2023 15 students

Liaised between the SSW and practicum sites; provided support and mentoring to students in Generalist Practicum

MSW Field/Practicum Supervision

Maggie Alton (MSW), Practicum Supervisor, Stanley Museum of Art, Spring 2021

Provided one hour of weekly supervision

Mikka Mills (MSW), Practicum Supervisor, Seventh Judicial District Dept of Corrections, Spring 2021

Provided one hour of weekly clinical supervision

Bridget Garrity (MSW), Practicum Supervisor, UIHC, Spring 2017

Provided on-site clinical supervision

Jacqueline Watkins (MSW), Task Supervisor, Prelude Behavioral Services, Spring 2016

Provided one hour of weekly clinical supervision

Matthew Tvedte (MSW), Practicum Supervisor, UIHC, Spring 2014

Provided on-site clinical supervision

SCHOLARSHIP

Publications

Refereed Articles

Sabbagh Steinberg, N., Meier, C. L., & Gilster, M. E. (2024). Gender disparities in self-rated health are contingent upon the neighborhood composition in New York City. *Journal of Ethnic & Cultural Diversity in Social Work*, 1-11.

Guo, M., **Sabbagh Steinberg, N.**, Dong, X., Tiwari, A. (2019). Is family relations related to health service utilization among older immigrants: Evidence from Chinese elderly in the United States, *Health & Social Care in the Community*, 27(1), 215-225.

Bern-Klug, M., Byram, E. **Sabbagh Steinberg, N.**, Garcia, H., Burke, K. (2018). Nursing home residents' legal access to onsite professional psychosocial care: Federal and state regulations do not meet minimum professional social work standards, *The Gerontologist*, 58(4), 260-272.

Guo, M., **Sabbagh Steinberg, N.**, Dong, X., Tiwari, A. (2018). A cross-sectional study of coping resources and mental health of Chinese older adults in the United States social work standards. *Aging and Mental Health*, 22(11), 1448-1455.

Non-refereed Articles

Sabbagh, N., Askelson, N. (2016). Adolescent well visits: Identifying awareness, knowledge, barriers and motivation. <http://idph.iowa.gov>. Factsheet.

Sabbagh, N., Brady, P., Askelson, N. (2016). Evaluation of the personal responsibility education

program (PREP) in Iowa. <http://idph.iowa.gov>

Askelson, N., Wright, B., Herrun, T., **Sabbagh, N.**, Brady, P., Meier, C. (2015). Medicaid Healthy behaviors program evaluation. <http://idph.iowa.gov>

Book Chapters

Sanders, S., **Sabbagh Steinberg, N.**, Morlan, J. (2017) Vicarious grief. Macmillan Encyclopedia of Death and Dying.

Publications Under Review

Sabbagh Steinberg, N., Carter, K.A., Bern-Klug, M. *Accepted*. Most Nursing Home Social Services Directors Express Interest in Training on Discrimination Based Upon Sexual Orientation and Gender Identity. *Social Work and Health Care*.

Publications In Progress

Sabbagh Steinberg, N. Understanding health disparities through experiential learning: Social work in a free mental health clinic.

Grants

2024-2027	Geriatric Workforce Enhancement Program (GWEP) Funded by Health Resources & Service Administration (Award amount: \$4,998,887) Principal Investigator: Ryan Carnahan; Co-Investigators: Nadia Sabbagh Steinberg, Yogesh Shah, Maritza Buenaver, Kristen Sorocco, Megan Zimmerman, Elaine Eshbaugh, Eran Hanke, Kim Bergen-Jackson, Shalome Tonello, Betty Mallen, Sonya, Thrall, Harleah Buck (Sabbagh Steinberg effort: 10% of salary)
2022-2023	Investment in Strategic Priorities Grant (\$5,000) , Provost Office, University of Iowa
2017-2018	CLAS Dissertation Writing Fellowship , University of Iowa
2018	GPSG Research Grant , University of Iowa
2017	School of Social Work Student Research Grant , University of Iowa
2016-2018	School of Social Work Travel Award , University of Iowa
2016-2017	Graduate Student Senate Travel Award , University of Iowa

Invited Lectures and Conference Presentations

Juried Conference Presentations

National

2024	Council On Social Work Education Annual Program Meeting (CSWE), <i>Bridging the Gap: Enhancing Mental Health Education for Rural Older Adults</i>. Kansas City, MO: Sabbagh Steinberg, Nadia, Stangl, Morgan
2023	Council On Social Work Education Annual Program Meeting (CSWE), <i>Fostering Collaborative Learning: Creating Psychoeducational Curricula for Correctional Facility Residents</i>. Atlanta, GA: Sabbagh Steinberg, Nadia, Stangl, Morgan
2022	Council On Social Work Education Annual Program Meeting (CSWE), <i>MSW Experiential Learning in a Student-Run Mental Health Clinic: Teaching</i>

Interdisciplinary Practice. Anaheim, CA: **Sabbagh Steinberg, Nadia**, Cummings, Stephen

- 2022 Society for Social Work Research, *Training Interest Related to Discrimination Due to Sexual Orientation and Gender Identity Among Nursing Home Social Services Directors*. Washington, D.C: **Sabbagh Steinberg, Nadia**, Bondarowicz, Elis, Bern-Klug, Mercedes.
- 2021 Society for Social Work Research, *And Access, That Access Can Get Trumped Because We Have so Many People: A Qualitative Examination of Staff Experiences in Prison Healthcare*. Washington, D.C. **Sabbagh Steinberg, Nadia**
- 2019 Society for Social Work Research, *You're at the mercy of... pretty much anybody else: A qualitative examination of women's healthcare experiences in prison and prison care providers perceptions of their healthcare needs*. San Francisco, CA: **Sabbagh Steinberg, Nadia**
- 2018 National Association of Social Work (NASW) National Meeting, *Psychosocial needs of nursing home residents and their access to professional social work services*. Washington, DC: Bern-Klug, Mercedes, **Sabbagh Steinberg, Nadia**, Byram, Liz.
- 2018 Society for Social Work Research, *Is family support related to health service utilization among Chinese older immigrants in the United States*. Washington, DC: Guo, Man, **Sabbagh Steinberg, Nadia**
- 2017 Society for Social Work Research, *The effect of everyday discrimination and mastery on chronic health conditions among residents of Chicago*. New Orleans, LA: **Sabbagh, Nadia**, Meier, Cristian, Gilster, Megan
- 2017 Society for Social Work Research, *Coping resources and mental health of Chinese older immigrants in the United States: An empowerment perspective*. New Orleans, LA: Guo, Man, **Sabbagh Steinberg, Nadia**
- 2017 Society for Public Health Educators, *Implementing evidence-based adolescent pregnancy prevention interventions: Understanding the challenges facilitators face*. Denver, CO: Askelson, Notashia, **Sabbagh, Nadia G**, Golembowski, Elizabeth, Rassmusen, A.
- 2016 Society for Social Work Research, *You're at the mercy of... pretty much anybody else: A qualitative examination of women's healthcare experiences in prison and prison care providers perceptions of their healthcare needs*. San Francisco, CA: **Sabbagh Steinberg, Nadia**
- 2016 American Public Health Association, *You're at the mercy of... pretty much anybody else: A qualitative examination of women's healthcare experiences in prison and prison care providers perceptions of their healthcare needs*. San Francisco, CA: **Sabbagh Steinberg, Nadia**

State/Regional

2023- Ongoing (monthly) Mental Health Workshops for Hope House Residents

Present	Stress/Anxiety/Coping Module Trauma/Grief Module Depression Module
2023	Rural Mental Health Lecture Series for Iowa Geriatric Education Center https://igec.uiowa.edu/ : Sabbagh Steinberg, Nadia, Stangl, Morgan Alzheimer's Association Brainworks Conference, <i>Beginnings, Middles and Ends</i>
2023	<i>Navigating the Dementia Caregiving Experience</i> . Des Moines, IA: Sabbagh Steinberg, Nadia , Stangl, Morgan
2021	Public Health Conference of Iowa, <i>"It's Here, But You Can't Always Get To It:" The Experience of Women In Prison With Gynecological Care</i> . Virtual: Sabbagh Steinberg, Nadia

Invited Lectures, Workshops, or Keynotes

2024	University of Iowa, Social Work in Health Care Settings Class, <i>Medical Social Work: The Good, The Bad, The Ugly</i>. Iowa City, IA Sabbagh Steinberg, Nadia.
2023	University of Iowa, Social Work in Health Care Settings class. <i>Medical Social Work: The Good, The Bad, The Ugly</i> . Iowa City, IA Sabbagh Steinberg, Nadia.
2022	One Iowa, LGBTQ Older Adults Conference, Keynote Speaker. <i>Disparities in Health in Older LGBTQ+ Adults: An Intersectional Perspective</i> . Des Moines, IA: Sabbagh Steinberg, Nadia , Bondarowicz, Elis
2021	University of Iowa Hospitals and Clinics, <i>An Exploration of the Unique Health and Healthcare Needs of Women in Prison</i> . Iowa City, IA: Sabbagh Steinberg, Nadia

CLINICAL PRACTICE

2013- Present	Iowa City Free Mental Health Clinic Conduct biopsychosocial assessments, brief counseling, and community resource referrals.
2011-2018	Clinical Social Worker, Department of Social Services, University of Iowa Hospitals and Clinics
2010-2011	Social Worker II, Department of Social Services, University of Iowa Hospitals and Clinics, Healthcare Benefits Assistance Program

SERVICE

Profession

2025	Society for Social Work and Research abstract reviewer for 2026 Annual Conference
2025	Council on Social Work Education abstract reviewer for 2025 Annual Conference
2024	Society for Social Work and Research abstract reviewer for 2025 Annual Conference
2017-2018	The Gerontologist, Reviewer in training
2013-2016	Interprofessional Education Committee (IPE) member, University of Iowa College of Medicine
2013-2015	Education committee member, University of Iowa Department of Social Services

Department

2024	Search Committee Member, Instructional Track Faculty
2023- 2024	Faculty representative
2023- 2024	Search Committee Member, Tenure Track Faculty
2022- 2024	Diversity and Social Justice Committee Member
2022- 2023	MSW Admissions Committee Member
2022- 2023	Member of Generalist Practice Workgroup designing new Practice Courses
2020-2024	Aging and Longevity Studies Program and Certificate Coordinator
2020-2021	Doctoral Studies Program Committee Member

University

2023	Search Committee Member for CLAS Senior Behavioral Health Clinician
2022- Present	Csomay Center for Gerontological Excellence Leadership Committee, Member
2021- Present	Council on the Status of Women, Committee Member

Community

2025	Nursing Home Quality Coalition, Committee member
2024	Conducted needs assessment for psychoeducational training workshop for nursing home staff
2023	Conducted needs assessment for psychoeducational workshops for Hope House Residents
2020-Present	Iowa City Free Mental Health Clinic, Board Member
2012-2018	Iowa City Mobile Health Clinic, Volunteer and Social Work Supervisor
2012-2015	Iowa Abortion Access Fund, Board member

PROFESSIONAL DEVELOPMENT

2025-2026	Scholarly Teaching Program
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