

# Mental Health Therapist

## Full job description

### Job Overview

We are seeking a compassionate and dedicated Mental Health Therapist to join our team in Cedar Rapids or Davenport. The ideal candidate will provide therapeutic support to individuals facing various mental health challenges using a variety of modalities and approaches. This role offers the flexibility to see clients both in-person at our Cedar Rapids or Davenport office or possibly, via telehealth.

### Responsibilities

- Conduct assessments to evaluate clients' mental health needs and develop personalized treatment plans.
- Provide individual therapy sessions, employing various therapeutic modalities.
- Offer direct support to clients in navigating their emotional and psychological challenges.
- Interest in facilitating group therapy sessions, promoting a supportive environment for shared experiences and healing is a plus!
- Collaborate with other healthcare professionals to ensure comprehensive care for clients when appropriate.
- Maintain accurate documentation of client progress and treatment outcomes in compliance with regulatory standards.
- Engage in continuous professional development to stay updated on best practices in mental health care.

### Skills

- Proficiency in behavioral therapy techniques and methodologies.
- Experience providing direct support within the behavioral health field.
- Knowledge of grief counseling strategies and their application in therapeutic settings.
- Ability to facilitate group therapy sessions effectively, fostering a safe environment for participants.
- Strong crisis management skills, enabling effective intervention during critical situations.
- Excellent communication, empathy, and active listening skills essential for building rapport with clients.
- Familiarity with EHR Programs

### Additional Benefits

- Consistent Referrals
- Zero Overhead

Join us in making a difference in the lives of individuals seeking support for their mental health journey!

Job Types: Full-time, Part-time, Contract

Pay: \$50,000.00 - \$90,000.00 per year

50/50 Split offered for tLMHC, tLMFT, or LMSW

60/40 Split offered for LMHC, LMFT, or LISW

Benefits:

- Flexible schedule
- Free Clinical Supervision

Work Location: Hybrid remote in Cedar Rapids, IA or Davenport, IA

Please provide a resume and letter of interest to [admin.cr@insideoutQC.com](mailto:admin.cr@insideoutQC.com)

We look forward to reviewing your qualifications!