

Mental Health Therapist — Integrative Psychiatry Practice

Holistic Wellness & Psychiatry | Cedar Rapids, Iowa | Full-Time or Part-Time

Holistic Wellness & Psychiatry (HWP) is a growing integrative mental health practice seeking an **Iowa-licensed or license-eligible therapist** to join our collaborative clinical team.

HWP brings psychiatry, psychotherapy and innovative treatments together in one practice. Our services include traditional psychiatric care, psychotherapy, Spravato, IV ketamine, ketamine-assisted psychotherapy (KAP), and Root Cause/Functional Medicine.

This is an excellent opportunity for a therapist interested in **trauma-informed, integrative and innovative mental health care** who wants to develop within a multidisciplinary practice.

What you'll do

- Provide individual psychotherapy to adolescents and/or adults depending on experience and interest
- Assess and treat conditions including anxiety, depression, trauma/PTSD, relationship concerns and other behavioral-health conditions
- Develop individualized treatment plans and maintain timely clinical documentation
- Collaborate with psychiatric providers and the broader HWP clinical team
- Participate in coordinated care for complex patients
- Opportunity to develop experience in **ketamine-assisted psychotherapy and psychedelic-informed/integration work** depending on training, interest and qualifications

Who we're looking for

- LMSW, LISW, LMHC, LMFT, or other Iowa-eligible behavioral-health clinician
- Strong interpersonal and clinical skills
- Trauma-informed and patient-centered approach
- Comfortable working independently while collaborating with a multidisciplinary team
- Curious about integrative mental health and emerging treatment approaches

- Reliable with documentation and follow-through

Why HWP

- Collaborative psychiatry + psychotherapy model
- Established administrative and clinical infrastructure
- Opportunity to develop a caseload
- Exposure to innovative/interventional mental-health services
- Professional growth within an expanding integrative practice
- Flexible structure depending on experience and availability

Location: Cedar Rapids, Iowa

Schedule: Full-time or part-time; in-person presence preferred with telehealth opportunities as appropriate

Compensation: Productivity-based/percentage of collections, based on experience and structure

If you're passionate about helping people heal beyond symptom management and want to practice in an environment that values both evidence-based medicine and whole-person care, we'd love to meet you.

If interested, contact Laurie McComrick, MD, DFAPA, IFMCP.

Email: laurie@holisticwellness.clinic

Phone: 319-800-2125